

APRIL TO
OCTOBER 2025



WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice Of Toppings 7,8,9 Rice, Mixed Peppers, Peas Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito & Wedges 1 VG Jackets with a Choice of Toppings 7,8,9 Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9 Rainbow Pasta 1, Sweetcorn, Coleslaw 9 Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans, Cucumber Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG
WEEK TWO	Vegetable Nuggets with Katsu Sauce 1VG Onion Bhajis with Katsu Sauce VG Jackets with a Choice of Toppings 7,8,9 Rainbow Rice, Carrots, Peas Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9 Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes Broccoli, Carrots Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	BBQ Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9 Cauliflower, Coleslaw 9 Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Tuna Penne Pasta 1,7,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Grated Carrot Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE	Pork & Beef Bolognaise Pasta Shells 1 Cheese & Pesto Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9 Baked Wedges Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Caribbean Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Rice, Green Beans, Carrots Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Gammon & Gravy Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes, Cabbage, Swede Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Macaroni Cheese 1,7 V Coconut & Spinach Biryani 6 VG Jackets with a Choice of Toppings 7,8,9 Cauliflower, Mixed Peppers Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Chicken Bites 1 Cheese & Cauliflower Nuggets 7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Sweetcorn, Coleslaw 9 Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Primary 3 Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

